



## Therapy Services

The Hoarding Project offers therapeutic services to individuals, couples and families. Therapy is available to people who hoard as well as to family members of people who hoard. Effective treatment involves understanding the underlying reasons why a person hoards, and then addressing the behaviors. Often, people who hoard and their families have experience trauma and loss and need help in processing those losses; this is where the therapeutic work begins. Therapists with an M.A. degree also provide therapy services for a 50-minute session rate of \$80. These therapists are former THP interns and have experience, education and training in Hoarding Disorder. Intern therapists with THP see clients on a sliding fee scale based on client income. (See chart below.) Intern therapists are in training and are supervised by Janet Yeats. If you are interested in seeing an intern, or a therapist with an M.A. degree for therapy, please email [info@thehoardingproject.org](mailto:info@thehoardingproject.org).

### Sliding Fee Scale

**50-minute Session fee is based on the client's gross income and number of dependents.**

Total Monthly Income	1-2 in Family	3-4 in Family	5 + in Family
\$0-499	19	17	17
\$500-599	21	17	17
\$600-699	23	19	17
\$700-799	25	21	17
\$800-899	29	23	19
\$900-999	31	27	23
\$1000-1099	33	29	25
\$1100-1199	35	31	27
\$1200-1299	37	33	29
\$1300-1399	39	35	31
\$1400-1499	40	37	33
\$1500-1599	42	39	35
\$1600-1699	46	43	39
\$1700-1799	48	45	41
\$1800-1899	49	47	43
\$1900-1999	51	49	46
\$2000-2099	53	51	50
\$2100-2199	55	52	52
\$2200-2299	57	55	56
\$2300-2399	59	57	56
\$2400+	59	59	59

**Intake (1<sup>st</sup> session) fee = \$15 for Clients with Intern Therapists**